Carolina Performance Volleyball 2025/2026 Pre-tryout Information Package

This handout is intended for parents and athletes to provide a detailed explanation of how CPVC operates and what the travel experience is like. If you have more questions after reviewing this packet thoroughly, please contact Coach Julie at 252-341-7317.

Pre-Tryout Information:

- Introduction
 - o Staff:

- Julie Tuten- Founder, Business Director and Coach
 - Jorja Tuten- Founder, Volleyball Director, Head of Coaches, Coach
 - 6-10 other coaches on staff
- Club high competition, affordable, fair, no drama. Positivity and RESPECT are expected from ALL... including players, parents, and our coaches/directors. We strongly encourage parents to read "Our Values", "FAQ's" and "Management/Coaches" pages on our website.
 www.carolinaperformancevolleyball.com
- Tryouts-
 - Our primary tryout dates this year are August 2-3 for girls. Boys are TBA. Subsequent tryout dates will be offered in September/October ONLY if needed. HOWEVER, players should tryout as early as possible in order to receive a placement offer best suited for their age/position/skill level. Tryouts later in summer and early fall are intended to fill "holes" in our rosters. An athlete's best opportunity to be placed on a team most appropriate for their age and skill level is to tryout in the first round of tryouts.
 - Registration REQUIRED One fee covers all sessions, but players must register. Only one tryout session is required, but we encourage players to come to as many as possible. The more familiar we are with a player's abilities, the better the chances of them being placed on an appropriate team.
 - Registration Options:
 - Register online = DISCOUNTED! \$30: (This is the STRONGLY PREFERRED method of registration!) Visit our website at <u>www.carolinaperformancevolleyball.com</u>. From the menu navigate to "25-26 Season Information" and click the "Tryouts" button. More info and a link to the online registration is available on that page.
 - Paper registration at the door the day of tryouts \$40: Must arrive 20 min. prior to tryout start time. <u>Must have a parent present at time of registration!</u>
 - Parents are NOT allowed to stay during tryouts, but they are allowed at any other events.
 - What to expect at tryouts: check in (if pre-registered) or register (if by paper), number issued, picture taken, warmup, drills and scrimmages run and evaluated by our coaches. It may be recorded (not live streamed) for our personal use for evaluation purposes.
 - Within 1-5 days after tryouts, you will be notified by email (parent primary as indicated on the tryout registration) of either a team placement, a declination or possibly that we need more time.
 - We select what level/age you are offered based on factors such as skill level and necessity of players to fill certain positions.
 - If you are offered a team position, and wish to accept, you will be required at that time to pay
 the acceptance fee (which goes towards your dues) and setup payment options for the
 remainder of your dues. At a later date you will purchase appropriate memberships (USAV and
 AAU More detail later in this document.)

 Your window of acceptance time is 72 hours from the time of offer. If you do not accept during that time, we will offer the position to another player. If you choose not to accept the position, please let us know ASAP.

If You are Offered and Accept a Team Position:

- <u>MANADAORY</u> Signing Day: late October, time and exact day TBA Players and at least one parent should plan to attend. That day we give families all required paperwork, jersey sizing/ordering, player numbers are assigned, players and their families can meet each other, contact info is exchanged, team store info is shared, we take the informal (cute/handsome casually dressed) team photos for social media. If there is a reason you cannot attend the signing, please let us know so we can make arrangements.
- Practices- Will begin around November 1. It is strongly preferred players attend at least 90% of practices. If this is not possible, we would like to know during tryouts. We expect to have the first month's practice schedule available by signing day.
 - We will practice 3 times per week prior to tournament season. Saturday, Sunday and one week night practice is our typical schedule. If a player is involved in other activities during the week, it becomes even more important for them to attend weekend practices. If it is agreed upon by the team as a vast majority AND there is court availability, the practice schedule may be adjusted; possibly something like two weeknights and only one weekend practice.
 - When tournament season starts, we will practice as much as possible on the weekend, but the week night practices will be even more important to attend.
- Dues and other Expenses
 - SIBLING DISCOUNT: We are now offering a \$150 dues discount for siblings. (Limit of 1 sibling and applies to dues ONLY.)
 - Dues Payment Options: **NOTE: All online payments/drafts will incur processing fees of (3.15% +
 - \$1.15) per payment. NO CASH OR CHECK PAYMENTS ACCEPTED THIS SEASON!
 - <u>OPTION 1</u> PAY ONLINE IN FULL at time of acceptance.
 - <u>OPTION 2</u> PAY ONLINE IN INSTALLMENTS: per the following schedule

Timeline:	National Girls	Semi-National Girls	Regional Girls	Boys
Late July: Acceptance Fee (which is the 1 st dues payment) at time of official acceptance	\$260	\$260	\$260	<mark>\$260</mark>
September: Governing body memberships (payable directly to governing bodies)	USAV: \$55 AAU: \$22			
Mid/Late October: Required apparel order on signing day for NEW players, payable to CPVC. Returning players will only need to add items they don't have or replace items as needed. *Amount does NOT include other required items purchased individually such as knee pads, socks, spandex/leggings, etc.)	\$403* 4 Jerseys 3 Practice Shirts 1 Bag	4 Jerseys 3 Practice Shirts	3 Practice Shirts	2 Uniforms 3 Practice Shirts
November 1: 2 nd Dues Payment	\$260	\$200	<mark>\$140</mark>	<mark>\$260</mark>
<mark>December 1</mark> : 3 rd Dues Payment	<mark>\$260</mark>	<mark>\$200</mark>	<mark>\$140</mark>	<mark>\$260</mark>
<mark>January 1</mark> : 4 th Dues Payment	<mark>\$260</mark>	<mark>\$200</mark>	<mark>\$140</mark>	<mark>\$260</mark>
<mark>February 1</mark> : 5 th Dues Payment	\$260	\$200	<mark>\$140</mark>	<mark>\$260</mark>
TOTALS:	Dues: \$1,300	Dues: \$1,060	Dues: \$820	Dues: \$1,300
	Apparel(New Player): \$403* Memberships: \$77	Memberships: \$77	Memberships: \$77*	Memberships: \$65*
Travel budget table follows $ ightarrow$	Travel: \$\$\$\$	Travel: \$\$\$**	Travel: \$\$**	Travel: \$\$\$**

Travel Budget: This is an extremely rough estimate and can vary widely.	Girls National \$\$\$ Estimated Budget: \$3,000 - \$4,500	Girls Semi-National \$\$\$** Estimated Budget: \$2,000 - \$3,250	Girls Regional \$** Estimated Budget: \$800 - \$2,000	Boys \$\$\$** Estimated Budget: \$1,800 - \$2,800
**Stay to Play and Large Multi- Day Tournaments such as Capitol Hill, Big South, Queen City, and (Boys) ECPL **Stay to play" means the team/families will be required to stay at a hotel chosen by the tournament, no exceptions. We have no control over it.	Estimated # of Tournaments: 2-3 - Hotel Room Rate per night: \$230 - \$350 (Approximately 5-8 nights total. Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - \$70 - Tournament Spectator Admission: \$35 - \$65 - Tournament Parking: \$0 - \$45 - Tournament Food/Merch: ???? (Example Hoodie \$55, Hot Dog \$6) - Other food and fuel: ????	Estimated # of Tournaments: 1-2 - Hotel Room Rate per night: \$230 - \$350 (2-5 nights total. Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - \$70 - Tournament Spectator Admission: \$35 - \$65 - Tournament Parking: \$0 - \$45 - Tournament Food/Merch: ???? (Example Hoodie \$55, Hot Dog \$6) - Other food and fuel: ????	N/A	Estimated # of Tournaments: 1-2 - Hotel Room Rate per night: \$230 - \$350 (2-5 nights total. Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - \$70 - Tournament Spectator Admission: \$35 - \$65 - Tournament Parking: \$0 - \$45 - Tournament Food/Merch: ???? (Example Hoodie \$55, Hot Dog \$6) - Other food and fuel: ????
Small to Mid- Size Multi-Day Tournaments such as Virginia Beach Ball Blast, Coastal Classic, all ***Rocky Mount tournaments ***Depending on where you live, Rocky Mount tournaments may not require a hotel stay. It is completely up to you!	Estimated # of Tournaments: 3-4 - Hotel Room Rate per night: \$150 - \$300 (Approximately 6-8 nights total. Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - \$30 - Tournament Spectator Admission: \$25 - \$55 - Tournament Parking: \$0 - \$10 - Tournament Pood/Merch: ???? (Example Hoodie \$55, Hot Dog \$6) - Other food and fuel: ????	Estimated # of Tournaments: 3-4 - Hotel Room Rate per night: \$150 - \$300 (Approximately 6-8 nights total. Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - \$30 - Tournament Spectator Admission: \$25 - \$55 - Tournament Parking: \$0 - \$10 - Tournament Food/Merch: ???? (Example Hoodie \$55, Hot Dog \$6) - Other food and fuel: ????	(***Rocky Mount only) Estimated # of Tournaments: 2 - Hotel Room Rate per night: \$150 - \$300 (Approximately 0-4 nights total. Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - \$30 - Tournament Spectator Admission: \$25 - \$55 - Tournament Parking: \$10 - Tournament Pood/Merch: ???? (Example Hoodie \$55, Hot Dog \$6) - Other food and fuel: ????	Estimated # of Tournaments: 5-7 - Hotel Room Rate per night: \$150 - \$300 (Approximately 10-8 nights total. Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - \$30 - Tournament Spectator Admission: \$25 - \$55 - Tournament Parking: \$0 - \$10 - Tournament Food/Merch: ???? (Example Hoodie \$55, Hot Dog \$6) - Other food and fuel: ????
****CR (single day) Tournaments ***Depending on where you live and where the tournament is held, a hotel stay may not be required. It is completely up to you!	Estimated # of Tournaments: 3 - Hotel Room Rate per night: \$150 - \$300 (Approximately 1-3 nights total, Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - Tournament Spectator Admission: \$5 - Tournament Parking: \$0 - Tournament Pod: Supply item(s) for picnic style lunch. (mandatory) - Other food and fuel: ????	Estimated # of Tournaments: 3 - Hotel Room Rate per night: \$150 - \$300 (Approximately 1-3 nights total, Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - Tournament Spectator Admission: \$5 - Tournament Parking: \$0 - Tournament Food: Supply item(s) for picnic style lunch. (mandatory) - Other food and fuel: ????	Estimated # of Tournaments: 5 - Hotel Room Rate per night: \$150 - \$300 (Approximately 2-5 nights total, Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - Tournament Spectator Admission: \$5 - Tournament Parking: \$0 - Tournament Pood: Supply item(s) for picnic style lunch. (mandatory) - Other food and fuel: ????	Estimated # of Tournaments: 0-2 - Hotel Room Rate per night: \$150 - \$300 (Approximately 0-2 nights total, Includes estimated taxes and other hotel related fees) - Hotel Parking per night: \$0 - Tournament Spectator Admission: \$5 - Tournament Parking: \$0 - Tournament Parking: \$0 - Tournament Food: Supply item(s) for picnic style lunch. (mandatory) - Other food and fuel: ????

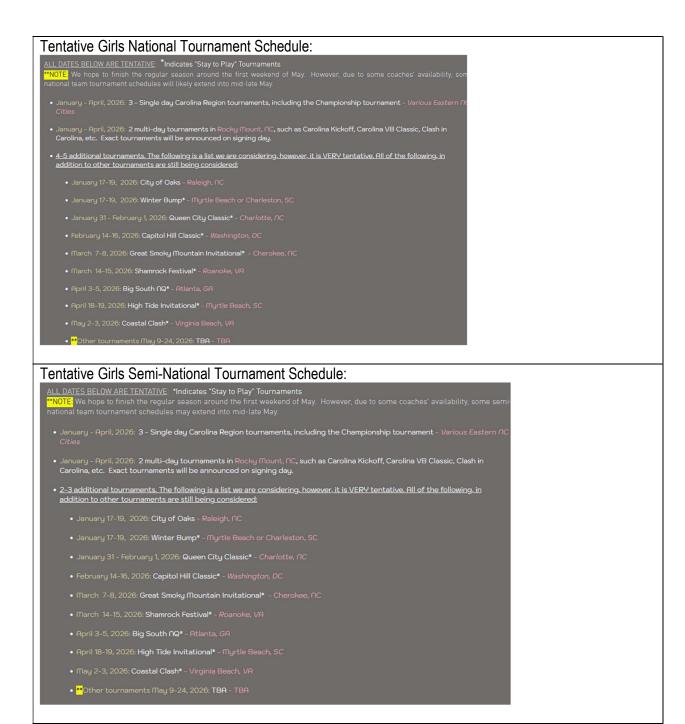
- Dues cover team registrations, tournament registrations, coaches' salaries (when applicable) and coaches' hotel expenses (when necessary). All other club expenses are covered by private donations and fundraising.
 - Tournament cancellation(s) will result in an alternate tournament being scheduled. If there is an excessive difference in cost, parents, players and directors will come to an agreement on cost before registration.
- o Other necessary items will be purchased on your own separately from team apparel.
 - Girls will be required to have a sufficient number of PLAIN black spandex (at least 4" inseam) or PLAIN black athletic leggings, white athletic socks, white kneepads, ankle braces (highly recommended), volleyball or basketball shoes in good condition. (Any color shoes are fine.)
 - Boys will be required to have a sufficient number of white athletic socks, white kneepads, volleyball or basketball shoes in good condition. (Any color shoes are fine.)

- Tournament schedules <u>shown at the end of the document</u>. All tournaments are VERY tentative until we are registered and confirmed. We expect players to attend ALL tournaments. If they can't, we need to know as far in advance as possible.
 - Carolina Region tournaments are always a single day, within the state. They are typically Greensboro and east, but in recent years have also held some further west in the state The location of the tournament is known on the Tuesday before the prior weekend. (For example, if a tournament is scheduled for February 15, 2026, we will find out the location for each team on Tuesday, February 3, 2026. Hotel stays are not required by CPVC for CR tournaments, however, depending on the location, you may wish to book a hotel on your own.
 - Team members will need to plan on contributing something to a camping style team lunch. This will be organized by the Team Rep (aka Team Mom/Team Dad)
 - A few multi-day tournaments on the national schedule are considered "Stay to Play" tournaments. This
 means our team as a whole will be required to stay at a hotel that is partnered with the tournament.
 You may NOT choose to stay at a different hotel. This would disgualify our team from the tournament.
 - Hotel booking information for Stay to Play will be sent out quite early and you will not have much time to book (sometimes only a few days.) This is not our choice; it's just how it works.
 - \circ $\;$ If they are not stay to play, you may stay wherever you would like.
 - Rocky Mount and Raleigh multiday tournaments are considered local and therefore no hotel arrangements are made by the club. If you want to stay at a hotel for those tournaments, you need to make individual arrangements.

Things to consider before accepting an offer:

- During practices, all players are treated equally with equal amount of practice time and learning
 opportunities, however, we do NOT guarantee a certain amount of tournament playing time for ANY
 player. Coaches have a planned rotation that includes players they believe will give them the greatest chance
 of success. This may be the whole team, or just part of the team. They are also bound by substitution rules that
 limit when and who a player may substitute in for. With that said, as long as a player has attended practice
 regularly and maintained good effort/attitude they will be substituted in at some point during appropriate time(s).
- Do not take a team position lightly. It is a legal and financial binding contract.
 - PLAYER Participation Binding: Once you purchase a USAV membership and you are linked to our club and you are bound to our club for the season. You are not eligible to play for any other club. Release requires written permission by our club (it is our policy NOT to release players) AND you must petition Carolina Region VB. This is the same at every club, not just us.
 - PARENT Financial Binding: Completing the acceptance registration is a financial contract for 100% of the season dues. NO REFUNDS and NO CANCELLATION OF DUES PAYMENT if there is a cancellation on your part. The only exceptions to this policy are
 - A season ending injury verified with documentation from a medical doctor.
 - Release of the player by either Jorja Tuten or Julie Tuten.

TOURNAMENT SCHEDULES FOLLOW:



Girls Regional Tournament Schedule:

ALL DATES BELOW ARE TENTATIVE:

- January April, 2025: 4 Single day Carolina Region tournaments, including the Championship tournament Various Eastern NC Cities
- January April, 2025: 2 multi-day tournaments in Rocky Mount, NC, such as Carolina Kickoff, Carolina VB Classic, Clash in Carolina, etc. Exact tournaments will be announced on signing day.

Tentative Boys National Tournament Schedule: COMING SOON!