# Travel Policy for Carolina Performance Volleyball Club

Carolina Performance Volleyball Club (CPVC) has some teams that travel regularly to play in tournaments and some teams where travel is limited to a few events per season. CPVC prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the USA Volleyball SafeSport Handbook. A copy of our Sexual Abuse Misconduct Prevention & Crisis Management Policy can be provided upon request for more details about such situations not related to travel.

CPVC has established policies to guide our travel, minimize one-on-one interactions and reduce the risk of abuse or misconduct. Adherence to these travel guidelines will increase player safety and improve the player's experience while keeping travel a fun and enjoyable experience.

We distinguish between travel to training, practice and local tournaments ("local travel") and team travel involving an overnight stay ("team travel").

#### **Local Travel**

Local travel occurs when CPVC does not sponsor, coordinate or arrange for travel.

- Players and/or their parents/guardian are responsible for making all arrangements for local travel. The team and its coaches, managers or administrators should avoid responsibility for arranging or coordinating local travel. It is the responsibility of the parents/guardians to ensure the person transporting the minor player maintains the proper safety and legal requirements, including but not limited to: a valid driver's license, automobile liability insurance, a vehicle in safe working order, and compliance with applicable state laws.
- The employees, coaches and/or volunteers of CPVC or one of its teams, who are not also acting as a parent, should not drive alone with an unrelated minor player.

### **Team Travel**

Team travel is overnight travel that occurs when CPVC or one of its teams or designees sponsors, coordinates or arranges for travel so that the team can compete locally, regionally or nationally.

- When possible, CPVC will provide reasonable advance notice before team travel.
   Travel notice will also include designated team hotels(if necessary due to tournament entry rules, aka "Stay to Play") for overnight stays as well as a contact person within CPVC or the team. This individual will be the point of contact to confirm your intention to travel and to help with travel details.
- Players and any immediate family traveling with them will be required to stay in the
  designated team hotel or block for Stay to Play tournaments. If the tournament is
  NOT Stay to Play, they may choose any hotel they prefer.
- Regardless of gender, a coach shall not share a hotel room or other sleeping arrangements with a minor player (unless the coach is the parent, guardian or sibling of the player).

- ALL representatives of CPVC including players, parents, coaches, chaperones and administrative staff should be respectful of others in communication (including no foul language) and actions.
- A quiet environment shall be maintained inside of hotel rooms and hotel public access areas.
- **CURFEWS:** In room curfew time for minor age players during hotel stay is 11:00PM, or parent/guardian designated curfew; whichever is the EARLIEST. Lights out by 11:30PM. It is the responsibility of the parent or chaperone of each player to enforce this curfew.
- Individual meetings between a coach and a player may not occur in hotel sleeping rooms and must be held in public settings or with additional adults present, with at least one of those adults being the same gender as the player.
- Players should spend the night in their designated hotel room. Parents/ chaperones must approve any room switching. The attending coach/CPVC staff should be notified of any room changes.
- The team will make every effort to accommodate reasonable parental requests when a child is away from home without a parent. If any special arrangements are necessary for your child, please contact the team personnel who can either make or assist with making those arrangements.
- In all cases involving travel, parents have the right to transport their minor player.
- Prior to any travel, coaches will endeavor to make players and parents aware of all
  expectations and rules. Coaches will also support chaperones and/or participate in
  the monitoring of the players for adherence to curfew restrictions and other travel
  rules.
- If disciplinary action against a player is required while the player is traveling without his/her parents, then except where immediate action is necessary, parents will be notified before any action is taken.

### Additional Policies for Local Travel and Team Travel

The following policies are additional guidelines for any event CPVC attends.

- Players are not to leave the competition venue, the hotel, restaurant or any other
  place at which the team has gathered without the permission/knowledge of the
  coach or chaperone.
- When visiting public places such as shopping malls, movie theatres, etc., players will stay in groups of no less than three persons. Athletes 12 and under will be accompanied by a chaperone.

- No coach or chaperone shall at any time be under the influence of drugs or alcohol while performing their coaching and/or chaperoning duties.
- Underage players or other minors shall not partake in the use of alcohol, illegal drugs or smoking/vaping at any time.

# Additional Safety Policies

- Additional guidelines to be established as needed by the coaches;
- Respect the privacy of each other;
- Must wear seatbelts and remain seated in vehicles;

## Additional Behavior Policies

- Be prompt and on time; while attending any event/tournament with CPVC
- Players should maintain their full, undivided attention during tournament matches. No electronic device/cell phone use during this time
- Respect the property of others
- Use appropriate behavior in public facilities, including language;

#### Dress Code

It is the goal of our club to look mature and respectable at all times when representing CPVC.

- ALL representatives should be appropriately dressed while representing CPVC in any location. Modesty and sufficient coverage of all private areas is required.
- Tournament Venue Dress Code for Players:
  - Remember to pack all items necessary to play.
    - For females this includes jerseys, black spandex, sports bra, white kneepads, white socks, court shoes, and hair restraints if applicable.
    - For boys this includes uniforms, white knee pads, white socks, court shoes, and hair restraints if applicable.
  - Some type of CPVC apparel is preferred at all times while at a tournament venue. Coaches may request a certain color of practice shirt be worn while at the tournament venue, excluding match play.
  - Females should keep spandex covered at all times except during match play.
  - Shoes are required through tournament venues and should look respectable/mature. Court shoes should be worn on the court only and not worn throughout the rest of the venue.
  - Any jewelry should be minimal and not pose a safety risk. Any jewelry that is deemed a safety hazard by a coach or official must be removed.